

MARATHWADA MITRA MANDAL'S COLLEGE OF ARCHITECTURE, PUNE.

organizes

YOGA

Way to Healthy Mind and Body





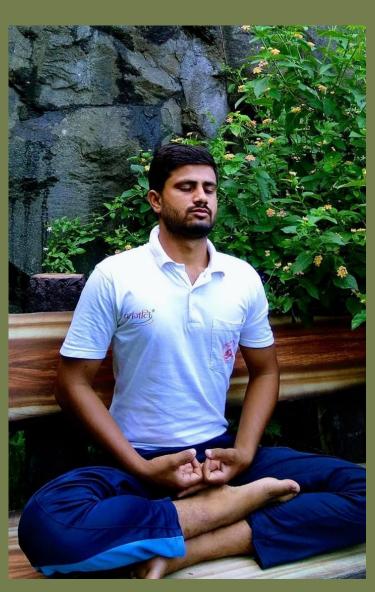






SATURDAY

TIME: 8.00 AM TO 9.00 AM



Mr. Vinod Sagar Patanjali Yoga Expert

Mr. Vinod Sagar is a Civil Engineer and the district coordinator for Patanjali Yuva Bharat in Pune. He is an expert in Patanjali yoga and has trained over 2000 students to date, in addition to leading workshops and sessions for various institutions. Along with this he has also participated in various YOGA competitions and possess a record of 1200 suryanamaskars in 6 hours.

